

AUG./SEPT.
(2ND SESSION)

ST. CATHARINES ROWING LEAGUE

FINAL PRACTICE SCHEDULE

(BORN IN 1989)
2024
(YEAR 36)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AUGUST 18	19	20	21	22	23	24
WORLD CHAMPIONSHIPS 2024						
AUG. 25 W.C. 2024	26 MEET and GREET 6:00-8:30	27 6:00-8:15 PRACTICE (NOVICES) RIDLEY TANK	28 6:00-8:15 PRACTICE (NOVICES) ON THE WATER	29 6:00-8:15 PRACTICE BEGINS (FOR SCHEDULED CREWS)	30 6:00-8:15	31
1 SEPT.	2 6:00-7:59	3 6:00-7:57	4 6:00-7:55	5 6:00-7:53	6 6:00-7:52	7
8	9 5:30-7:46	10 5:30-7:44	11 5:30-7:43	12 10 Min. after sunset 7:41 PM REGATTA #1	13 5:30-7:39	14
15	16 5:30-7:34	17 5:30-7:32	18 5:30-7:30	19 7:28 PM REGATTA #2	20 5:30-7:26	21
22	23 5:30-7:21	24 5:30-7:19 RAIN DATE	25 5:30-7:17	26 7:16 PM REGATTA #3	27 7:14	28 GRAPE & WINE
29 REGATTA #4	30 7:08	OCT. 1 7:07	2 7:05	3	4 BANQUET (HOLIDAY INN)	5 (2)

ONLY SCHEDULED CREWS ARE PERMITTED ON THE WATER

EXTRA PRACTICES (7) +

IT IS NOT MANDATORY TO ATTEND ALL PRACTICES, ALTHOUGH AN EFFORT TO ATTEND AS MANY AS POSSIBLE IS BETTER SPORTSMANSHIP FOR THE TEAM