

# ST. CATHARINES ROWING LEAGUE PRACTICE SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Apr-27-2026	Apr-28-2026	Apr-29-2026	Apr-30-2026	May-01-2026	May-02-2026	May-03-2026
					<b>Try It Day - 11AM to 2PM</b>	

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
May-04-2026	May-05-2026	May-06-2026	May-07-2026	May-08-2026	May-09-2026	May-10-2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
May-11-2026	May-12-2026	May-13-2026	May-14-2026	May-15-2026	May-16-2026	May-17-2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
May-18-2026	May-19-2026	May-20-2026	May-21-2026	May-22-2026	May-23-2026	May-24-2026
<b>Victoria Day</b>		<b>MEET AND GREET 6:00 PM TO 8:30 PM ALUMNI PATIO</b>				

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
May-25-2026	May-26-2026	May-27-2026	May-28-2026	May-29-2026	May-30-2026	May-31-2026
	6:00 PM	6:00 PM	6:00 PM			11:00 AM to 1:00 PM
	<i>PRACTICE NOVICES BROCK TANK</i>		<i>PRACTICE NOVICES BROCK TANK</i>			<i>PRACTICES NOVICES - ON THE WATER HENLEY ISLAND</i>

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			Sunday		
Jun-01-2026	Jun-02-2026	Jun-03-2026	Jun-04-2026	Jun-05-2026	Jun-06-2026			Jun-07-2026		
6:30 PM	6:30 PM	6:30 PM	6:30 PM	6:30 PM	8:00 AM	10:00 AM	12:00 PM	8:00 AM	10:00 AM	12:00 PM
<i>PRACTICES NOVICES ON THE WATER HENLEY ISLAND</i>	<i>PRACTICES NOVICES ON THE WATER HENLEY ISLAND</i>	1	1	1	1	1	1	1	1	1
		2	2	2	2	2	2	2	2	2
		3	3	3	3	3	3	3	3	3
		4	4	4	4	4	4	4	4	4

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			Sunday		
Jun-08-2026	Jun-09-2026	Jun-10-2026	Jun-11-2026	Jun-12-2026	Jun-13-2026			Jun-14-2026		
6:30 PM	6:30 PM	6:30 PM	6:30 PM	6:30 PM	8:00 AM	10:00 AM	12:00 PM	8:00 AM	10:00 AM	12:00 PM
1	1	1	1	1	1	1	1	1	1	1
2	2	2	2	2	2	2	2	2	2	2
3	3	3	3	3	3	3	3	3	3	3
4	4	4	4	4	4	4	4	4	4	4

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			Sunday		
Jun-15-2026	Jun-16-2026	Jun-17-2026	Jun-18-2026	Jun-19-2026	Jun-20-2026			Jun-21-2026		
6:30 PM	6:30 PM	6:30 PM	6:30 PM	6:30 PM	8:00 AM	10:00 AM	12:00 PM	8:00 AM	10:00 AM	12:00 PM
1	1	1	1	1	1	1	1	1	1	1
2	2	2	2	2	2	2	2	2	2	2
3	3	3	3	3	3	3	3	3	3	3
4	4	4	4	4	4	4	4	4	4	4

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			Sunday		
Jun-22-2026	Jun-23-2026	Jun-24-2026	Jun-25-2026	Jun-26-2026	Jun-27-2026			Jun-28-2026		
6:30 PM	6:30 PM	6:30 PM	6:30 PM	6:30 PM	8:00 AM	10:00 AM	12:00 PM	8:00 AM	10:00 AM	12:00 PM
1	1	1	1	1	1	1	1	1	1	1
2	2	2	2	2	2	2	2	2	2	2
3	3	3	3	3	3	3	3	3	3	3
4	4	4	4	4	4	4	4	4	4	4

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			Sunday		
Jun-29-2026	Jun-30-2026	Jul-01-2026	Jul-02-2026	Jul-03-2026	Jul-04-2026			Jul-05-2026		
6:30 PM	6:30 PM	6:30 PM <span style="background-color: red; color: white; font-size: small;">CANADA DAY</span>	RACE 1 6:00 PM	6:30 PM	8:00 AM	10:00 AM	12:00 PM	8:00 AM	10:00 AM	12:00 PM
1	1	1		1	1	1	1	1	1	1
2	2	2		2	2	2	2	2	2	2
3	3	3		3	3	3	3	3	3	3
4	4	4		4	4	4	4	4	4	4

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			Sunday		
Jul-06-2026	Jul-07-2026	Jul-08-2026	Jul-09-2026	Jul-10-2026	Jul-11-2026			Jul-12-2026		
6:30 PM	6:30 PM	6:30 PM	RACE 2 6:00 PM	6:30 PM	8:00 AM	10:00 AM	12:00 PM	8:00 AM	10:00 AM	12:00 PM
1	1	1		1	1	1	1	1	1	1
2	2	2		2	2	2	2	2	2	2
3	3	3		3	3	3	3	3	3	3
4	4	4		4	4	4	4	4	4	4

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			Sunday		
Jul-13-2026	Jul-14-2026	Jul-15-2026	Jul-16-2026	Jul-17-2026	Jul-18-2026			Jul-19-2026		
6:30 PM	6:30 PM	6:30 PM <span style="font-size: small;">** RAIN DATE</span>	RACE 3 6:00 PM	6:30 PM	8:00 AM	10:00 AM	12:00 PM	8:00 AM	10:00 AM	12:00 PM
1	1	1		1	1	1	1	1	1	1
2	2	2		2	2	2	2	2	2	2
3	3	3		3	3	3	3	3	3	3
4	4	4		4	4	4	4	4	4	4

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			Sunday		
Jul-20-2026	Jul-21-2026	Jul-22-2026	Jul-23-2026	Jul-24-2026	Jul-25-2026			Jul-26-2026		
6:30 PM	6:30 PM	6:30 PM	RACE 4 6:00 PM	6:30 PM	8:00 AM	10:00 AM	12:00 PM	RACE 5 12:00 PM		
1	1	1		1	1	1	1			
2	2	2		2	2	2	2			
3	3	3		3	3	3	3			
4	4	4		4	4	4	4			