

# ST. CATHARINES ROWING LEAGUE PRACTICE SCHEDULE

JUNE/JULY  
(1ST SESSION)

2022  
(YEAR 34) (SINCE 1989)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
MAY 1 <b>OPEN HOUSE</b> (TRY IT DAY) - (All)						MAY 7 JACK NICHOLSON HEAD OF THE MARTINDALE REGATTA - (All)	
MAY 8 MOTHER'S DAY REGATTA - (Schools)	MAY 9			MAY 12		MAY 14 SMALL BOATS REGATTA WELLAND	
MAY 15	MAY 16 Victoria Day			MAY 19 <b>REGISTRATION CLOSES</b>		MAY 21 WOSSA - LONDON	
MAY 22	MAY 23	MAY 24	MAY 25	MAY 26 <b>MEET &amp; GREET</b>	MAY 27	MAY 28	
MAY 29	MAY 30 <b>NOVICES AT TANK</b>	MAY 31 <b>NOVICES AT TANK</b>	<b>JUNE 1</b> <b>NOVICES AT TANK</b>	<b>2</b>	<b>3</b> (CSSRA) SCHOOL BOY REGATTA	<b>4</b> SCHOOL BOY REGATTA	
<b>5</b> (CSSRA) SCHOOL BOY REGATTA	<b>6</b> 6:30-8:30 <b>PRACTICE START (NOVICES)</b>	<b>7</b> 6:30-8:30 <b>PRACTICE (NOVICES)</b>	<b>8</b> 6:30-8:30 <b>PRACTICE (NOVICES)</b>	<b>9</b> 6:30-8:30 <b>PRACTICE (ALL CREWS)</b>	<b>10</b> 6:30-8:30	<b>11</b> 8-10 TEAM# 9 10-12 TEAM# 13 12-2 TEAM# 15	
<b>12</b> 8-10 TEAM# 1 10-12 TEAM# 5 12-2 TEAM# 7	<b>13</b> 6:30-8:30 TEAM# 9	<b>14</b> 6:30-8:30 TEAM# 13	<b>15</b> 6:30-8:30 TEAM# 1	<b>16</b> 6:30-8:30 TEAM# 5	<b>17</b> 6:30-8:30 TEAM# 9	<b>SCRC 'Try it Day'</b>	
2 3 4	10 11 12	14 15 16	2 3 4	6 7 8	10 11 12		
<b>19</b> 8-10 TEAM# 13 14 15 16	<b>20</b> 6:30-8:30 TEAM#	<b>21</b> 6:30-8:30 TEAM#	<b>22</b> 6:30-8:30 TEAM#	<b>23</b> 6:30-8:30 TEAM#	<b>24</b> 6:30-8:30 TEAM#		<b>25</b> 8-10 TEAM# 10-12 TEAM# 12-2 TEAM#
							<b>SCRC 'Try it Day'</b>
<b>26</b> 8-10 TEAM#	10-12 TEAM#	<b>27</b> 6:30-8:30 TEAM#	<b>28</b> 6:30-8:30 TEAM#	<b>29</b> 6:30-8:30 TEAM#	<b>30 REGATTA #1</b> MAIN RACE #1 6:00 RACE #2 6:15 RACE #3 6:30 RACE #4 6:45 RACE #5 7:00 SPRINT RACE #6 7:12 RACE #7 7:24 RACE #8 7:36 RACE #9 7:48 RACE #10 8:00	JULY 16:30-8:30 <b>DOMINION DAY REGATTA</b>	<b>2</b> 8-10 TEAM# 10-12 TEAM# 12-2 TEAM#
<b>3</b> 8-10 TEAM#	10-12 TEAM#	<b>4</b> 6:30-8:30 TEAM#	<b>5</b> 6:30-8:30 TEAM#	<b>6</b> 6:30-8:30 TEAM#	<b>7 REGATTA #2</b> MAIN RACE #1 6:00 RACE #2 6:15 RACE #3 6:30 RACE #4 6:45 RACE #5 7:00 SPRINT RACE #6 7:12 RACE #7 7:24 RACE #8 7:36 RACE #9 7:48 RACE #10 8:00	<b>8</b> 6:30-8:30 TEAM#	<b>9</b>
<b>10</b> 8-10 TEAM#	10-12 TEAM#	<b>11</b> 6:30-8:30 TEAM#	<b>12</b> 6:30-8:30 TEAM#	<b>13</b> 6:30-8:30 TEAM#	<b>14 REGATTA #3</b> MAIN RACE #1 6:00 RACE #2 6:15 RACE #3 6:30 RACE #4 6:45 RACE #5 7:00 SPRINT RACE #6 7:12 RACE #7 7:24 RACE #8 7:36 RACE #9 7:48 RACE #10 8:00	<b>15</b> 6:30-8:30 TEAM#	<b>16</b> <b>S.C.R.C. INVITATIONAL REGATTA</b>  POSSIBLE EXTRA PRACTICE TIME T.B.A.
<b>17</b> 8-10 TEAM#	10-12 TEAM#	<b>18</b> 6:30-8:30 TEAM#	<b>19</b> 6:30-8:30 TEAM#	<b>20</b> 6:30-8:30 TEAM#	<b>21 REGATTA #4</b> MAIN RACE #1 6:00 RACE #2 6:15 RACE #3 6:30 RACE #4 6:45 RACE #5 7:00 SPRINT RACE #6 7:12 RACE #7 7:24 RACE #8 7:36 RACE #9 7:48 RACE #10 8:00	<b>22</b> 6:30-8:30 TEAM#	<b>23</b> 8-10 TEAM# 10-12 TEAM# 12-2 TEAM#
<b>24</b> <b>REGATTA #5</b> MAIN RACE #1 1:00 RACE #2 1:15 RACE #3 1:30 RACE #4 1:45 RACE #5 2:00 SPRINT RACE #6 2:12 RACE #7 2:24 RACE #8 2:36 RACE #9 2:48 RACE #10 3:00	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	
<b>31</b> <b>ROYAL CANADIAN HENLEY MASTERS</b>	<b>1 AUGUST</b> (CIVIC HOLIDAY)	<b>2</b> AUG. 2	<b>3</b> REC. REGISTRATION CLOSES - 2nd Session	<b>4</b>	<b>5</b> <b>BANQUET</b> (PARKWAY)	<b>6</b>	
<b>7</b> AUG. 7	<b>8</b> <b>MEET &amp; GREET</b> 2nd Session	<b>9</b> <b>NOVICES AT TANK</b>	<b>10</b> <b>NOVICES AT TANK</b>	<b>11</b>	<b>12</b>	<b>13</b>	
<b>14</b>	<b>15</b> 2022 CANADIAN SUMMER GAMES ROWING REGATTA - ST. CATHARINES	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	
<b>21</b>	<b>22</b> -2nd Session PRACTICE (NOVICES on Water)	<b>23</b> PRACTICE (ALL CREWS)	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	