

AUG./SEPT.
(2ND SESSION)

ST. CATHARINES ROWING LEAGUE

FINAL PRACTICE SCHEDULE

(BORN IN 1989)
2018
(30th YEAR) (29th ANNIVERSARY)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				2		
5 AUGUST ROYAL CANADIAN HENLEY MASTERS	6 (CIVIC HOLIDAY)	7 AUG. 7	8 REC. REGISTRATION CLOSES 136th	9	10	11
12 AUG. 12 COMPLETION OF 136th ROYAL CANADIAN HENLEY REGATTA	13	14 MEET and GREET 6:30-8:30	15 6:00-8:30 PRACTICE (NOVICES) BROCK TANK	16 6:30-8:30 PRACTICE (NOVICES) BROCK TANK	17 6:30-8:30 PRACTICE (NOVICES) ON WATER	18 8-10 TEAM# 10-12 TEAM# 12-2 TEAM# 1 5 9 2 6 10 3 7 11 4 8
19 8-10 TEAM# 10-12 TEAM# 12-2 TEAM# 9 1 5 10 2 6 11 3 7 4 8	20 6:30-8:30 TEAM# 1 2 3 4	21 6:30-8:30 TEAM# 5 6 7 8	22 6:30-8:30 TEAM# 9 10 11	23 6:30-8:30 TEAM# 1 2 3 4	24 6:30-8:30 TEAM# 5 6 7 8	25 8-10 TEAM# 10-12 TEAM# 12-2 TEAM# 9 1 2 3 4
26 8-10 TEAM# 10-12 TEAM# 12-2 TEAM# 5 9 6 10 7 11 8	27 6:00-8:15 TEAM# 6 9 10 4	28 6:00-8:15 TEAM# 7 2 8	29 6:00-8:15 TEAM# 3 11 6 1	30 REGATTA #1 MAIN RACE #1 6:00 RACE #2 6:15 RACE #3 6:30 SPRINT RACE #4 6:45 RACE #5 7:00 RACE #7 7:15	31 6:00-8:00 TEAM# 7 2 4 9	1 SEPT. 8-10 TEAM# 10-12 TEAM# 12-2 TEAM# 5 8 9 10
2 8-10 TEAM# 10-12 TEAM# 12-2 TEAM# 9 10	3 6:00-8:00 TEAM# 7 1 10 9	4 6:00-8:00 TEAM# 2 3 4 9	5 6:00-8:00 TEAM# 5 6 10 11	6 REGATTA #2 MAIN RACE #1 6:00 RACE #2 6:15 RACE #3 6:30 SPRINT RACE #4 6:45 RACE #5 7:00 RACE #7 7:15	7 6:00-8:00 TEAM# 1 4 9	8 8-10 TEAM# 10-12 TEAM# 12-2 TEAM# 5 8 9 7 10 3 11 2 6
9 JIM STONE REGATTA	10 6:00-7:45 TEAM# 10 9 7 6	11 6:00-7:45 TEAM# 3 2 1 4	12 6:00-7:45 TEAM# 6 9 11 5	13 REGATTA #3 MAIN RACE #1 6:00 RACE #2 6:15 RACE #3 6:30 SPRINT RACE #4 6:45 RACE #5 7:00 RACE #7 7:15	14 6:00-7:45 TEAM# 7 1 9 10	15 8-10 TEAM# 10-12 TEAM# 12-2 TEAM# 7 3 8 4 10
16 8-10 TEAM# 10-12 TEAM# 12-2 TEAM# 1 6 8 11 9	17 6:00-7:40 TEAM# 2 4 10 9	18 6:00-7:40 RAIN DATE TEAM# 8 6 9 7	19 6:00-7:40 TEAM# 3 5 11 1	20 REGATTA #4 MAIN RACE #1 6:00 RACE #2 6:15 RACE #3 6:30 SPRINT RACE #4 6:45 RACE #5 7:00 RACE #7 7:15	21 6:00-7:35 TEAM# 10 2 7 9	22 8-10 TEAM# 10-12 TEAM# 12-2 TEAM# 11 3 4 5 8
23 REGATTA #5 MAIN RACE #1 1:00 RACE #2 1:15 RACE #3 1:30 SPRINT RACE #4 1:45 RACE #5 2:00 RACE #6 2:15 RACE #7 2:30 (BEAT THE COACHES)	24	25	26	27	28 BANQUET (HOLIDAY INN)	29

ONLY SCHEDULED CREWS ARE PERMITTED ON THE WATER

EXTRA PRACTICES (8) +

IT IS NOT MANDATORY TO ATTEND ALL PRACTICES, ALTHOUGH AN EFFORT TO ATTEND AS MANY AS POSSIBLE IS BETTER SPORTSMANSHIP FOR THE TEAM